

## Govt. Unani Medical College & Associated Hospital Ganderbal Kashmir

---

*Details of IEC Activities: (Continuous Medical Education (CME) Programmes, Conferences/ Seminars/ Workshops/TOTs/ ROTPs Awareness Camps) during the year 2022.*

❖ **Awareness Camps:** For propagation and promotion of AYUSH Systems in General and Unani in particular, various camps have been organized from time to time.:

1. Free Hijamah (Cuuping) on MSDs was conducted by the Dept. of IBT in IBT section & about 105 procedures were performed during the camp.
2. Screening camp on Ano-rectal disorders was conducted within the hospital premises by the Dept. of Jarahat & about 85 patients were screened.
3. One School Health Check up was conducted by the Dept. of TST & Pediatrics in which about 125 children were screened during the camp.

❖ **Seminars conducted/ Attended (Presentations)**

1. Department of Ilmul Advia in collaboration with Dept. of Saidla conducted a Short Seminar on Herbal Remedies & Life style disorders in which various faculty members delivered their presentations.
2. Dr. Azad Lone, Dept. of Dermatology attended two days seminar organized by Central University Kashmir & presented a paper on Role of Unani Medicine in Drug De-Addiction .
3. Dr. Amjad Waheed, Dept. of Pediatrics attended a seminar organized by District Ayush Officer Srinagar & presented a paper on Role of Leeh Therapy in Arthritis.
4. Dr. Azad Lone, Dept. of Dermatology attended a seminar organized by District Ayush Officer Srinagar & presented a paper on Role of Unani Medicine in Obesity.
5. Dr. Azad Lone, Dept. of Dermatology attended a seminar organized by District Nodal officer Bandipora & presented a paper on Concept and Management of life style disorders in Unani Medicine .
6. Dr. Mohd Rafi Thoker delivered a lecture on “ Unani Pharmacopoeal Drugs & Scope for Redesigning of Dosage Forms”.
7. Dr. Azad Lone, Dept. of Dermatology attended 2-Days National Science Conference Cum Exhibition organized International Delhi Public School Bandipora & Sir Syed Educational Trust Kashmir & presented a paper on “General Principles of Personal Hygiene & Common Skin diseases in children”
8. Dr. Sheikh Mohammad , Dept. of IBT attended 5 days CME program on IBT organized by Department of IBT, Faculty of Unani Medicine AMU Aligarh.
9. Dr. Azad Lone, Dept. of Dermatology attended one day awareness program on World Diabetes Day 2022, organized by Department of Endocrinology, Sheri Kashmir Institute of Medical Sciences (SKIMS) Srinagar.

❖ **Conferences/ Seminars:**

**1. Celebration of 6<sup>th</sup> World Unani Day 2022**

*GUMC Ganderbal celebrated World Unani Day 2022 and conducted One day Seminar on role of Unani Medicine in non-communicable Diseases to recall the role & contribution of Late Hakeem Ajmal Khan for the sustained development of Unani Medicine in the subcontinent of Asia.*

**2. Celebration of International Day of Yoga 2022:**

*GUMC Ganderbal under the mentorship of worthy Principal Prof. Samia Rashid observed International Day of Yoga 2022 with the theme “ Addressing drug challenges in health & humanitarian crises” to highlight the importance of Yoga and its incredible benefits for promotion of health and prevention of diseases. Various activities were conducted including awareness camps, demonstrations, poster presentations, panel discussions, presentation, guest lectures etc.*

**3. Ayush Utsav & Seminar:**

*Under the banner of AZADI KA AMRIT MAHOTSAV, GUMC Ganderbal in Collaboration with Directorate of Ayush J&K under organized one day Ayush Utsav & seminar entitled “Bridging the Gaps in Health Care: AYUSH- A Promising Recourse” on 28 -10-2022 at Conference Hall of Govt. Unani Medical College and Hospital Ganderbal Kashmir. The event was inaugurated by the Chief guest, Shri Sarbananda Sonowal Hon’ble Union Minister, Minister of Ports, Shipping & Waterways & Ministry of Ayush Govt. of India.*